

TRUE NORTH

Wanderlust, Desires, and Dreams

Module 4, Video 2



North Star Quote:

Today's North Star Quote: "It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased." —C.S. Lewis, *The Weight of Glory, and Other Addresses*

Please refer back to yesterday's worksheet. We will build on it today.

1. Look at what you wrote about your ideal job. Journal on this question: *What do I find fulfilling about the idea of my ideal job? Get specific. Who will it serve?*

2. Look at what you wrote about your ideal day. Ask, *What sets me on fire about doing those things? Who will I help throughout my ideal day? How can I do them now, right where I am? What's standing in my way?*

3. Look at what you wrote about relationships. Ask, *how can I begin to serve the people in my life right now? How can I cultivate the most fulfilling relationships with my family and friends right now? How can I love them best?*

4. What do people often tell you you're good at or ask you for help with? E.g. are you a good listener, an expert in some skill, a loyal friend? Write them down- those are some of your gifts God is using and will continue to use in his plan.

5. What do you want to be your greatest contribution to humanity?

6. What are you willing to sacrifice about your life right now to make that greatest contribution?

7. Pray the prayer of surrender and offer everything you just wrote down to God.