TRUE NORTH

Wanderlust, Desires, and Dreams

Module 4, Video 1

North Star Quote:

Nothing can make you truly happy except God. If you have God, you have everything already.

Desires and Dreams

Journal on the following questions (notice how there's LOTS of space to write for each of these!)

1. Write down your desires and dreams. Go as high as they sky. Don't hold back and don't settle for something comfortable… (aka go much deeper than "Sitting in a hot tub with an adult beverage in my hand.") Get specific. Dig deep into what challenges and inspires you. Just start writing and then keep going.

2. Imagine the most fulfilling job you could have. (Maybe it's something that you've never even heard anyone making a living at.) What would it be? What would you do? How would you feel doing it?

3. Imagine your ideal day. What would you do? Where would you go? What would your house be like? How would you feel living that day?

4. Imagine the most fulfilling relationships you could ever have. What would they look like? What would having those relationships mean to you?

5. What's the passion that most sets your heart on fire? The work that you would do for free because you love it so much? What do you dream about doing as you fall asleep at night?

6. What moves you deeply? Something that tugs at your heartstrings and inspires you to do something great?

7. ***Pray the prayer of surrender and offer your desires and dreams up to God.***