

# TRUE NORTH

## *Anchored in God*

Module 2, Video 2



### *North Star Quote:*

Your heart's deepest desires are also God's desires for you. God created you and designed you the way you are not to frustrate you, but to fulfill you.

*Pray the prayer of surrender again slowly. Then, use these journaling questions as prompts to reflect on your understanding of surrender and hearing God speak:*

1. What are the areas I most struggle to surrender to God?

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2. What do I fear God will do if I hand them over to him? (Dive deep into that fear- bringing it to light is important!)

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3. Did the view that God's will is for us to be happy surprise me? Have I always thought of God's will as compatible with my desires, or have I thought of it as purely suffering?

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4. Have I heard God speak to me in the past? If so, how did his voice sound?

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5. Do I expect God's voice to be critical and negative, or affirming and inviting?

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6. What has changed from the beginning of the course in my understanding of God's will for my life?

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