



GOD'S ADVENTURE AWAITS

A virtual summit unlike any other

Welcome to Your Adventure!

To say I'm thrilled you're here is an understatement. I'm **THRILLED** you're here! This is the Summit I wish I'd had to give me guidance in my single years. I'm deeply grateful to our incredible presenters who are here to boost your journey with spiritual "trail mix."

You're doing something good for yourself. Take this weekend to relax, get into your comfiest chair, pour a cup of coffee, and invite God in. Ask him what he wants you to hear. If you're like me and you have "spiritual amnesia," write down what speaks to you in the following pages. I want to challenge you to stretch yourself. If you've never considered religious life or consecrated virginity, give those talks a listen. *What have you got to lose?*

I also invite you to browse the Meet and Greet and hop into at least three Zoom calls throughout the weekend. Holy, fun, wise people are excited to connect with you. Don't worry; you don't have to take the lead in the calls. It's just like an in-person come and see weekend; you'll have an opportunity to ask questions, but they're prepared to do most of the talking. There's no obligation to share your contact information, but you're welcome to if you'd like to stay in touch. Pray after each call and see what the Holy Spirit puts on your heart.

My friend, *don't be afraid to hear what God has to say*. He's not going to call you to something you hate. He's going to call you to an adventure beyond your imaginings! God can work miracles in a soul that's willing and listens for his voice.

May God bless you abundantly, and may joy in the journey be yours.
Your fellow sojourner,
Stacey Sumereau

The following pages have been crafted for you to capture your observations:

- Page 2: Prayers for good discernment
- Pages 3-5: Meet and Greet Zoom call notes
- Page 6-7: Presentations List
- Pages 8-10: Presentation notes

Prayers for Right Discernment

Thomas Merton

*My Lord God,
I have no idea where I am going.
I do not see the road ahead of me.
I cannot know for certain where it will end.
nor do I really know myself,
and the fact that I think I am following your will
does not mean that I am actually doing so.
But I believe that the desire to please you
does in fact please you.
And I hope I have that desire in all that I am doing.
I hope that I will never do anything apart from that desire.
And I know that if I do this you will lead me by the right road,
though I may know nothing about it.
Therefore will I trust you always though
I may seem to be lost and in the shadow of death.
I will not fear, for you are ever with me,
and you will never leave me to face my perils alone*

Suscipe

St. Ignatius of Loyola

*Take, Lord, and receive all my liberty,
my memory, my understanding,
and my entire will,
All I have and call my own.

You have given all to me.
To you, Lord, I return it.

Everything is yours; do with it what you will.
Give me only your love and your grace,
that is enough for me.*

Zoom Call #1

Community Name:

Date and Time:

What stood out to me?

What did I learn?

What appealed to me about the way of life? What would I struggle with?

(After praying) Do I feel called to visit? Why or why not?

Zoom Call #2

Community Name:

Date and Time:

What stood out to me?

What did I learn?

What appealed to me about the way of life? What would I struggle with?

(After praying) Do I feel called to visit? Why or why not?

Zoom Call #3

Community Name:

Date and Time:

What stood out to me?

What did I learn?

What appealed to me about the way of life? What would I struggle with?

(After praying) Do I feel called to visit? Why or why not?

Presentations List

General Discernment

- Your Dreams Matter to God- January Donovan
- Distinguishing My Will from God's Will- Fr. Mark Goring
- "You Follow Me" - Letting Love Lead- Sr. Bethany Madonna
- Overcoming Anxiety to Answer God's Call- Dr. Gerry Crete
- Overwhelmed? Get Unstuck!- Matt and Erin Ingold
- Use Theology of the Body to Discern Your Vocation!- Sr. Helena Raphael Burns, FSP
- If I Surrender Everything to God, Will He Take Everything Away?- Stacey Sumereau
- YOU: A Superhero's Origin Story- Nick de la Torre
- Stop Seeking God's Will (and Other Unexpected Discernment Advice)- Meg Hunter-Kilmer
- Discernment: Using the Spiritual Means- Fr. Timothy Gallagher, OMV
- St. Ignatius's Rules for Discernment- Fr. Timothy Gallagher, OMV
- Discernment in Daily Life- Katie Prejean McGrady
- The Journey of Accompaniment: Do I Need Spiritual Direction?- Jen Settle
- Waiting on God- Michael Tenney
- How to Pray in Discernment- Fr. Rob Galea
- Living Poverty, Chastity and Obedience in EVERY Vocation- Dan and Amber DeMatte
- Yes There Will Be Suffering- Commitment is Still Worth It- Mary Lenaburg
- Not Enough: Is This All There Is?- Dominick Albano
- Contemplative Prayer: What It is and How Anyone Can Do It- Alessandro DiSanto
- Spiritual Survival in the Modern World- Dr. Andrew and Sarah Swafford
- Get in the Word: Let Scripture Take Root in Our Lives- Joe Melendrez
- Discerning and Dreaming- Hannah Schaefer
- Theology of Vocation According to St. Thomas Aquinas- Fr. Gregory Pine, O.P.

Marriage

- The Dating Blueprint (For Men)- Jason Evert
- Finding Your Belovedness (For Women)- Clarissa Christensen
- Should We Get Married?- Jackie and Bobby Angel
- Survive and ENJOY Online Dating- Stacey Sumereau
- Striving for Holiness in Marriage as an Imperfect Person- Cameron Fradd
- What the Culture War is Really About- Patrick Coffin
- January Donovan- Motherhood is an Expansion of God's Dream
- Melissa Tablada- Preparing for and Overcoming the Greatest Challenges in Marriage
- Shannon and Zach Wendt- Jesus, Be the Center: Seasons Change, Our Focus Shouldn't

Religious Life/Priesthood

- Fr. Rick Martignetti, OFM- The Joy of Spiritual Fatherhood
- Given to Love: Spousal Living and Spiritual Motherhood in Consecrated Religious Life- Sr. M. Karolyn Nunes, FSGM
- Mission and Identity of a Young Priest- Fr. Stephen Gadberry
- Rejoice, Endure and Persevere: Discerning During Seminary- Patrick Wille
- 18 and Convent-Bound- Meg Ashton
- My Vocation Story: Using My Talents as a Monk- Friar Alessandro Brustenghi

Other Forms of Consecrated Life

- Wait, What's a Consecrated Virgin?- Elizabeth Van de Voorde
- Saying Yes to Consecrated Virginitiy- Carmen (China) Briceño
- The Single Servant: Discerning and Living Out the Diaconate in the Modern World
- Am I Called to Consecrated Virginitiy?- Jen Settle

Presentation Notes

1. What is God saying to me? What do I most want to remember and apply?

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