

TRUE NORTH

Set Your Compass

Module 1, Video 3



North Star Quote:

Taking action gives you evidence that will prove the right decision to yourself.

1. Answer: What am I seeking? That answer is the reason you signed up for this course. It may not fall within your circle of control, but write it down anyway.

2. Choose two options of action that you will take at the end of this course. Both should be within your circle of control, whether or not you have the answer to your bigger question yet. Phrase your resolution, "at the end of this course I will do either A or B." *Remember, you will do one of these at the end of the course, so set achievable resolutions!*

Course of Action A: At the end of this course, I will...

Course of Action B: At the end of this course, I will...

3. What actions can I take, that fall in my circle of control, to move me closer to either A or B? *Choose specific, achievable actions from your circle of control. SET A DATE TO ACCOMPLISH EACH STEP.*

Action step 1:

Action step 2:

Action step 3:

Action step 4:

Action step 5:
