

# TRUE NORTH

## *Embark with Courage*

Module 5, Video 4



### ***North Star Quote:***

“Be who God meant you to be and you will set the world on fire.”

-St. Catherine of Siena

***It's time to make a sound, well-considered decision. Will you choose option A or B?  
Embark with courage and all will be well.***

### ***Course Review***

***Take a few minutes to reflect on all five modules and journal:***

- What are the most important lessons I learned?

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- What areas that need healing and growth were revealed?

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- What did I learn about my lasting desires?

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